



ALEXIA GEORGHIOU



Happiness Is a Leadership Skill: The Human Advantage in the Age of AI

AI is changing what people do. Leaders still determine how people experience work.

In uncertainty, happiness does not mean everything is okay. It means learning how to be happy in it, through it and together. Because emotions are contagious, leaders must ask what they are spreading.

- Am I creating an energized workforce or one that is afraid of me?
- Am I rewarding performance or performance at any human cost?
- Am I tolerating a brilliant leader who makes everyone miserable?
- If I cannot control the behavior, can I really claim to control the culture?

This session turns those questions into practical action. Leaders will examine the emotional climate they create, practice how to shift it in real time and leave with immediately usable micro actions to strengthen connection, resilience, trust and performance.

Alexia Georghiou is the founder of the World Happiness Fellowship, author of *The Future of Work is Human*, and chief editor of *Happiness Driven Leadership*. A keynote speaker and leadership educator with the University of Tennessee; she helps leaders understand how happiness, connection, and resilience drive better decision-making, stronger relationships, and sustainable success.

Selected Speaking History

- Founder World Happiness Fellowship March 20
- SIOPSA Pretoria, South Africa 2026 Master Presentation
- University for Peace Executive Education Costa Rica 24 & 25
- SHRM TALENT 25 & 26
- SHRM25
- Keynote—TECTA East Leadership Conference 7.26.25
- Keynote—The University of Tennessee System Administrative Professionals Summit 11.12.25
- Keynote—UTK Arboretum 25
- TN SHRM Conference 25 & 26

865-283-3605

alexiageorghiou.com

alexia@knoxvillehappinesscoalition.com